#### **Blood Pressure Clinics**

Tuesday: 9:00 to 10:00 AM

1<sup>st</sup> Tuesday of each month Nahatan Village Housing Complex

Nahatan Street

2<sup>nd</sup> Tuesday of each month Kevin McGuire Housing Complex Brookview Circle

Thursday: 10:00 to 11:00 AM

3<sup>rd</sup> Thursday of each month Willow Wood Housing Complex Adams Street 4<sup>th</sup> Thursday of each month Frank Walsh Housing Complex William Shyne Circle

Wednesday: 1:00 to 3:00 PM 1<sup>st</sup> Wednesday of each month Town Hall, Health Department **Friday:** 10:00 to 11:45 AM 2<sup>nd</sup> Friday of each month Italian Social Club 1056 Washington St.

Monday: 6:00 PM to 7:30 PM

First Monday of the month Town Hall, Health Department

## **Diabetic Screening**

This is a finger blood sugar screening test to determine tendency towards Diabetes. This program is for **Non-Diabetics ONLY**. Call for appointment.

# **Immunization Clinic**

Tuesday: 1:30 to 3:30 PM

The following Immunizations are available free of charge:

Tdap

**Td-Tetanus-Diphtheria** 

MMR (Measles-Mumps-Rubella)

Hepatitis B

Varicella (Chicken Pox) PPV23 (Pneumococcal)

# **Tuberculin Testing**

Tuesday: 1:30 to 3:30 PM

Mantoux (PPD) testing is only available for individuals screened as being at high-risk for contracting Tuberculosis.

# **Vitamin B12 Injections**

Arrangements can be made for Vitamin B12 injections at the Health Department if medically prescribed. Please call for details.

### **Special Programs**

In addition to the regularly scheduled clinics and programs, the Health Department sponsors special screenings and other clinics in response to the health needs of the community and recommendations of the Massachusetts Department of Public Health. These are publicized though the local media and by posters placed throughout the town. For up-to-date information visit the Health Department website at <a href="https://www.norwoodma.gov">www.norwoodma.gov</a>

#### **Influenza Vaccine Clinics:**

Clinics are held in the fall and winter. Please watch for clinic dates and time listed in local newspapers, newsletters and on Norwood Public Access.

<u>Communicable Disease Control and Investigation</u>: Investigate communicable diseases to identify the source of infection and take measures to control its spread in the community.

#### **Inspectional Services**

**Food Establishments:** License and inspect all food establishments to ensure they meet State Sanitation Standards and Federal Food Code regulations. Conduct investigations to determine cause of any suspect foodborne illnesses.

**Public Swimming Pools:** Routinely inspect and regulate public & semi-public swimming pools and whirlpools/spas.

**Housing:** Enforce the State Sanitary Code. Inspections are conducted upon request of the occupant to ensure all housing is in a safe and healthy condition.

**Recreational Camps:** License and inspect all recreational camps in Norwood to ensure the health and safety of all children enrolled.

**Tobacco Control:** Tobacco compliance checks are conducted at tobacco retailers. The purpose of the checks is to ensure tobacco retailers do not sell to children under the age of 18 yrs. (Funded by a grant from the Massachusetts Tobacco Control Program-MTCP)

**Other Inspected Facilities:** Inspects tanning facilities, hotels and vapor baths/showers to ensure facilities are maintained in a safe and sanitary condition.

#### **Additional Health Department Services**

**Evening Hours:** Held the first Monday of each month from 6:00 pm to 7:30 pm. Please call for available services.

**Recycling Day:** Held annually in the fall (last Saturday in September) at the Winter St. compost facility to collect recyclable materials such as electronics, scrap metal and tires.

Household Hazardous Waste Day: Held annually in the spring (second Saturday in May) at the Winter St. compost facility. In addition to collecting recyclable materials, hazardous materials such as paint thinners, oil-based paint and household chemicals are collected.

**Dental Clinic:** Provides dental screening for children in grades one through six in the school setting. Dental cleanings, sealants and proper dental hygiene instruction are also available to students at the Town Hall, Health Department with parental consent.

**Medical Equipment Loan Program:** Located at the Senior Center.

Helmet Program: Helmets offered at a reduced price of \$5.

File of Life: Lists emergency medical information.

**Needle Disposal:** Sharps containers may be purchased at the Health Department and returned for safe disposal. Only approved sharps containers will be accepted for disposal.

#### **Emergency Preparedness and Planning**

**Emergency Preparedness:** Develop protocols, policies in order to plan and respond to public health emergencies. Collaborate with Federal, State, regional and local agencies in an effort to enhance public health capacity. Recruit and train medical and non-medical volunteers to assist in public health emergencies such as flu pandemics, mass casualties or bioterrorism events.

**Volunteer Opportunities:** The Health Department is looking for medical and non-medical volunteers to join the Norwood Medical Reserve Corps (MRC). Visit <a href="www.norwoodma.gov">www.norwoodma.gov</a> and click on "**Departments**"-- "**Health**"-- "**Emergency Preparedness/MRC**" to download an application.

**Grants and Funding Opportunities:** The Norwood Health Department actively seeks out grants and funding to initiate activities and programs that will prevent disease and promote and protect the health of Norwood residents.





# NORWOOD HEALTH DEPARTMENT

# Public Health Services Available to Norwood Residents

Town Hall, Municipal Building 566 Washington Street Ground Floor 781-762-1240 www.norwoodma.gov